



Sa Unequipped Championships

26 - 28 March 2015

Potchefstroom, South Africa



Closing Date

Time: 24h00

Sub-junior Women

Surname	Name	Birthdate	Weight Class	Nation / Province	SQ	BP	DL	TOTAL
De Beer	Rochelle	11/01/99	52 Kg	Eastern Cape	67.5	40.0	90.0	197.5
Bruce	Shelby	5/28/1997	63 Kg	Gauteng	75	37.5	105	217.5
Marshall	Bronwyn	01/11/98	72 Kg	Eastern Cape	85.0	37.5	105.0	227.5

Junior Women

September	Alushka	02-01-1995	52 Kg	Western Cape				265.0
Bryant	Stacey	1992	57 Kg	Gauteng	105.0	57.5	85.0	247.5
Leighton	Megan	1/15/1996	57 Kg	Gauteng	90.0	57.5	115.0	262.5
Payne	Sasha	10-05-1995	57 Kg	Gauteng				0.0
Stindt	Carmen	27/06/92	72 Kg	Eastern Cape	105.0	45.0	130.0	280.0
Golden	Lerica	19/07/1993	72	N West	95.0	50.0	132.5	277.5
Goosen	Tammy	1993	72kg	Gauteng	105.0	45.0	125.0	275.0
Nel	Lize	29/04/1993	72	N West	95.0	50.0	125.0	270.0
Jacobs	Suzaan	13/12/1993	72	N West	90.0	42.5	120.0	252.5
Strydom	Ansme	20/10/1993	72	N West	87.5	50.0	110.0	247.5
Swart	Leandre	1995	84 Kg	Gauteng	75.0	62.5	147.5	285.0
Dix-Peek	Kelly	27/11/96	84+ Kg	Eastern Cape	90.0	55.0	115.0	260.0

Senior / Open Women

Casey	Mariska	6/5/1978	47kg	Gauteng	90.0	40.0	120.0	250.0
Pringle	Helizca	20-07-1991	47 Kg	Free State	60.0	30.0	100.0	190.0
Muto	Giulia	1987	52 Kg	Gauteng	105.0	50.0	117.5	272.5
Barry	Elisabeth	28/03/73	52 Kg	Eastern Cape	70.0	35.0	117.5	222.5
Johnston	Gillian	1988	57 Kg	Gauteng	75.0	40.0	85.0	200.0
Kriel	Antoinette	12/09/1971	57 Kg	Gauteng	122.5	80	145	347.5
Plaatjies	Seritha	19/09/1982	57 kg	N West	100.0	65.0	195.0	330.0
Letcher	Michelle	1970	57 Kg	Gauteng	100.0	60.0	145.0	305.0
Katz	Lauren	1982	57 Kg	Gauteng	92.5	50.0	122.5	265.0
Leighton	Megan	1/15/1996	57kg	Gauteng	90.0	57.5	115.0	262.5
Van Heerden	Farana	25/11/1988	57 kg	N West	120.0	35.0	100.0	255.0
Van Jaarsveld	Danel	7/7/1977	63 Kg	Gauteng	135.0	75.0	150.0	360.0
Newman	Laura	10/4/1983	63 Kg	Gauteng	117.5	60.0	142.5	320.0
Wilson	Ilona	06/04/1977	63kg	Gauteng	115.0	50.0	145.0	310.0
Pretorius	Yvonne	09/04/1980	63 kg	N West	105.0	45.0	105.0	255.0
Firmani	Roxy	1988	63 Kg	Gauteng	90.0	45.0	120.0	255.0
Pacariz	Claire	1977	63 Kg	Gauteng	90.0	40.0	95.0	225.0
Gadney	Sune	1988	63 Kg	Gauteng	70.0	35.0	112.5	217.5
Basson	Lisa		63 Kg	Western Cape				0.0
De Wet	Laura	1974	72 Kg	Gauteng	130	65	150	345
Coetzer	Candice	7-Mar-85	72 Kg	Gauteng	105.0	70.0	150.0	325.0
Scott	Nicole	06-05-1980	72 kg	Gauteng	110.0	50.0	150.0	310.0
Ackerman	Maureen	1975	72 Kg	Gauteng	110.0	65.0	135.0	310.0
Bradley	Nadine	26-10-1990	72 Kg	Free State	105.0	62.5	140.0	307.5
McDougall	Tia		72 Kg	Gauteng	105.0	60.0	120.0	285.0
Ezzideen	Sarah	1987/02/10..	72 Kg	Gauteng	95.0	55.0	130.0	280.0
Booley	Farhana	1973	72 Kg	Gauteng	100.0	60.0	115.0	275.0
Theron	Brendali	15/01/1991	72 kg	N West	100.0	50.0	120.0	270.0
Conradie	Karin	11-06-1984	72 Kg	Western Cape				265.0
Troughton	Amanda		72 Kg	Gauteng	75.0	50.0	120.0	245.0
Joubert	Toni	1986	72 Kg	Gauteng	85.0	45.0	112.5	242.5

Van Staden	Sandri	16/05/1988	84kg	Gauteng	125	70	170	365
Firmani	Toni	4/8/1990	84 Kg	Gauteng	100.0	60.0	130.0	290.0
Dade	Caileigh	1989	84+ Kg	Gauteng	140.0	55.0	162.5	357.5
De Jager	Christi	1986	84+ Kg	Gauteng	115.0	57.5	145.0	317.5
<u>Master 1 Women</u>								
Barry	Elisabeth	28/03/73	52 Kg	Eastern Cape	70.0	35.0	117.5	222.5
Kriel	Antoinette		57 Kg	Gauteng	122.5	80	145	347.5
Letcher	Michelle	1970	57 Kg	Gauteng	100.0	60.0	145.0	305.0
Reyneke	Ronel	01/06/1969	63 Kg	Gauteng	97.5	50.0	115.0	262.5
Ingel	Carm	30/05/1975	63 Kg	Gauteng	90.0	50.0	105.0	245.0
Firmani	Candice	12/07/1967	63 Kg	Gauteng	87.5	45.0	100.0	232.5
Momberg	Sanet	04/02/72	72 Kg	Eastern Cape	100.0	140.0	140.0	380.0
De Wet	Laura	1974	72 Kg	Gauteng	130	65	150	345
Ackerman	Maureen	1975	72 Kg	Gauteng	110.0	65.0	135.0	310.0
Booley	Farhana	1973	72 Kg	Gauteng	100.0	60.0	115.0	275.0
Annelize	Smit	01/04/1975	72 kg	N West	75.0	65.0	115.0	255.0
Hein	Bonita	05-08-1970	84 Kg	Western Cape				340.0
Kloppers	Susan	1971	84 Kg	Gauteng	85.0	50.0	115.0	250.0
Burger	Gerda	1975	84+ Kg	Gauteng	90.0	45.0	120.0	255.0
<u>Master 2 Women</u>								
Sinclair	Miriam		57 Kg	Western Cape				
<u>Master 3 Women</u>								
<u>Master 4 Women</u>								



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Final Nomination

Closing Date

Time: 24h00

Sub-junior Men

Surname	Name	Birthdate	Weight Class	Nation / Province	SQ	BP	DL	TOTAL
Langeveld	Damon	2/22/1998	53	NW	120	75	130	325
Smith	Michael	10/21/1999	53	NW	105	70	135	310
Deelman	Lorenzo	5/8/1998	53	NW	105	50	140	295
Matras	Fiyna	12/2/2000	53	NW	100	70	120	290
Williams	Denzil	8/7/1999	53	NW	85	60	115	265
Sey	Brendon	12/6/1997	53	NW	90	55	120	265
Brown	Justin	10/30/1999	53	NW	100	55	110	265
Kock	Diwan	4/5/1997	59	NW	125	80	205	410
Pietersen	Claud	6/13/1997	59	NW	110	90	130	330
Papala	Emmanu	1/5/1998	59	NW	90	70	160	320
Tsietsi	Machere	7/29/1996	59	NW	90	70	160	320
Julius	Cheslin	22-11-1996	59 Kg	Western Cape				310.0
Kleinsmith	Keanan	22-03-1997	59 Kg	Western Cape				310.0
Booyesen	Orbet	7/8/1998	59	NW	110	70	125	305
Booyesen	Eldeano	16/09/97	59 Kg	Eastern Cape	100.0	80.0	120.0	300.0
Simel	Martin	7/1/1998	59	NW	90	75	130	295
Otto	Tonko	2/15/1998	59	NW	95	65	135	295
Jacobs	Marco		59 Kg	Western Cape				0.0
Schoonraad	Cornel		66 Kg	North West	160.0	140.0	220.0	520.0
Aplen	Patrick	8/13/1996	66	NW	110	95	160	365
Donninger	Tovi	1998	66 Kg	Gauteng	110.0	82.5	162.5	355.0
Gcumeni	Frans	1/7/1997	66	NW	100	90	145	335
Mqaba	Vuyo	7/1/1998	66	NW	100	65	160	325
Zondi	Thato	2/28/2000	66	NW	120	70	132.5	322.5
Williams	Jaydee	8/20/1997	66	NW	110	70	142.5	322.5
Fine	Damon	2000	66 Kg	Gauteng	110.0	80.0	132.5	322.5
Longo	Romeo	6/3/1997	66	NW	110	75	130	315
Modise	Thato	9/22/1997	66	NW	110	55	130	295

Smit	Rowan	6/16/2000	66 Kg	North West	65	45	110	220
Pregolato	Ebrahim		66 Kg	Western Cape				0.0
Donninger	Elan	1999	74 kg	Gauteng	137.5	92.5	160.0	390.0
Lehlohonolo	Shange	4/19/1996	74 kg	NW	120	90	180	390
Mbotho	Mandla	1/8/1997	74 kg	NW	120	85	175	380
De Jenga	Joaquim	1/25/1999	74 kg	NW	110	100	160	370
Van Zyl	Enrico		93 Kg	Northern Cape	150.0	120.0	160.0	430.0
Swart	JP	1997	105 Kg	Gauteng	180.0	115.0	220.0	515.0
Leitch	Tristan	28-01-1999	105 Kg	Western Cape				472.5
Nelson	Cameron		105 Kg	Gauteng	145.0	90.0	185.0	420.0
Braxton	Alexander		105 Kg	Western Cape				0.0
Schultz	Liam	1997	120 kg	Gauteng	217.5	90.0	235.0	542.5
Fourie	Michael	23-04-1998	120 Kg	Western Cape				530.0
Victor	Johnde	23-09-1998	120+ Kg	Free State	145.0	105.0	205.0	455.0
<u>Junior Men</u>								
Kotze	Iven	4/23/1996	53	NW	120	70	190	380
Malefo	David	12/22/1996	53	NW	130	60	140	330
Itumeleng	Sereo	8/28/1994	53	NW	100	60	150	310
Haigh	Zavier	6/20/1995	53	NW	100	55	110	265
Williams	Clint	11/16/1992	59	NW	165	85	190	440
Matras	Revaldo	5/16/1996	59	NW	150	70	190	410
Shabalala	Daniel	4/4/1995	59	NW	130	80	140	350
Pietersen	Abraham	5/26/1995	59	NW	125	75	150	350
Pietersen	Aubri	11/23/1995	59	NW	110	90	140	340
Nelson	Dylan	11-03-1996	59 Kg	Western Cape				310.0
Tebogo	Kgang	3/20/1991	59	NW	90	85	120	295
Aplan	Patrick	8/13/1996	59	NW	85	80	130	295
Bosman	Jerome	6/7/1992	66	NW	150	95	190	435
Phillips	Roman	24-01-1993	66 Kg	Western Cape				412.5
Vermeulen	Arnold	19-09-1993	66 Kg	Western Cape				410.0
Jaffa	Peter	3/22/1993	66	NW	140	100	170	410
Lizwe	Bonolo		66 Kg	Northern Cape	115.0	105.0	180.0	400.0
Pietersen	Owen	5/8/1992	66	NW	130	110	150	390
Thabiso	Britoe	11/10/1992	66	NW	140	60	180	380
Kgosiman	Koos	6/2/1995	66	NW	130	70	170	370

Seleke	Mpho	10/6/1994	66	NW	110	100	160	370
Nkululeko	Masinga	2/7/1995	66	NW	120	75	175	370
Mafika	Bongani	5/6/1994	66	NW	100	75	180	355
Ntotjo	Percy	6/24/1994	66	NW	115	65	170	350
Metsuhme	Kamogelo	11/19/1994	66	NW	110	90	150	350
Mabunda	Thabang	5/14/1992	66	NW	130	75	145	350
Massinga	Philson	4/7/1995	66	NW	110	75	160	345
Shange	Lehlohonolo	4/19/1996	66	NW	105	90	150	345
Mokwena	Kabelo	9/17/1995	66	NW	100	80	160	340
Poeng	Vusi	5/25/1996	66	NW	115	70	150	335
Pietersen	Austin	1/23/1996	66	NW	100	87.5	145	332.5
Gabedi	Ralefa	3/24/1994	66	NW	110	75	145	330
Tusane	Benjamin	2/13/1995	66	NW	95	80	150	325
Llebitse	Tebogo	1/12/1995	66	NW	90	90	145	325
Tshoeu	Reabetsen	10/26/1996	66	NW	90	85	150	325
Pietersen	Sint Willis	6/1/1995	74	NW	200	120	220	540
Pregmolato	Umar	14-05-1994	74	Western Cape				530.0
Britoe	Thabiso	11/10/1992	74	NW	145	95	240	480
Pasena	Banda	7/8/1994	74	NW	150	120	200	470
Mafuna	Shau	1993	74	Gauteng	135.0	112.5	185.0	432.5
Mosiwa	Edigile	3/18/1995	74	NW	145	102.5	175	422.5
Banda	Lebogang	6/11/1992	74	NW	130	110	160	400
Phakathi	Sifiso	12/9/1996	74	NW	125	80	160	365
May	Tebello	5/15/1993	74	NW	130	70	160	360
McLean	Devon	1993	74	Gauteng	115.0	80.0	160.0	355.0
Mafika	Bongani	5/6/1994	74	NW	100	70	180	350
Rapoo	Tshepo	3/16/1993	83	NW	220	130	250	600
Mogapi	Lethogonolo	1/6/1993	83	NW	200	120	240	560
Brown	Anver	09-07-1992	83 Kg	Western Cape				540.0
Macintosh	James	28-Jul-93	83 Kg	Gauteng	180.0	110.0	210.0	500.0
Young	Neville	1992	83 Kg	Gauteng	165.0	130.0	205.0	500.0
Cane	Caylen	1992	83 Kg	Gauteng	170.0	100.0	210.0	480.0
Moorcroft	Armand	2/23/1995	83	NW	160	100	215	475
Madibo	Abel	1/24/1998	83	NW	140	90	230	460
Baseka	Banda	4/1/1994	83	NW	160	110	180	450
Santho	Kgotso	1/31/1996	83	NW	140	100	180	420
Pietersen	Jamillion	12/28/1993	83	NW	160	87.5	170	417.5
Gumede	Lebogang	2/14/1996	83	NW	140	65	205	410
Sei	Dylan	2/2/1995	83	NW	150	65	170	385
Pretorius	Jean-Arthur	10/29/1992	83 Kg	Gauteng				0.0
Beresford	Paul		83 Kg	Western Cape				

Williams	Trent	1991	93kg	Gauteng	240	180	280	700
Dix-Peek	Ross	26/06/93	93 Kg	Eastern Cape	210.0	130.0	230.0	570.0
Bezuidenhout	Marco	04-09-1992	93 Kg	Western Cape				570.0
Holder	Elfranco	3/31/1993	93	NW	180	160	225	565
Badenhorst	Roan	04-09-1995	93 Kg	Western Cape				555.0
Jacobs	Brandon	4/12/1994	93	NW	180	147.5	210	537.5
Jantjies	Herschelle	15/12/95	93 Kg	Eastern Cape	145.0	120.0	205.0	470.0
Jonker	Johan	3/15/1995	93	NW	135	120	200	455
Kloppers	Zander	1993	93 Kg	Gauteng	160.0	105.0	190.0	455.0
Nkagisang	Olefile	8/2/1994	93	NW	150	110	190	450
Pietersen	Jamilliam	12/28/1993	93	NW	150	90	180	420
Maritz	Francois	3/1/1993	105 Kg	Gauteng	210.0	165.0	265.0	640.0
Kloppers	Andre	1995	105 Kg	Gauteng	200.0	125.0	240.0	565.0
Smith	Adrian	1995	105 Kg	Gauteng	170.0	120.0	210.0	500.0
Morley	Niall	1995	105 Kg	Gauteng	185.0	110.0	190.0	485.0
Louw	Hensler	04-05-1994	105 Kg	Western Cape				450.0
Conradie	Mouton		105 Kg	Western Cape				
<u>Senior / Open Men</u>								
De Witt	Rudi	1988	59 Kg	Gauteng	110.0	60.0	190.0	360.0
Botha	Michael	8/7/1989	66	NW	170	120	180	470
Vers	Iven	11/27/1991	66	NW	120	120	180	420
Lewis	Chris	11/17/1981	66 Kg	Gauteng	137.5	110.0	160.0	407.5
Mathe	David	6/17/1991	66	NW	100	100	140	340
Bruce	Christopher	09-02-1991	74	Western Cape				512.5
Treges	Dylan	12/19/1989	74	Gauteng	160.0	120.0	205.0	485.0
Hendricks	Jonatthan	10/13/1991	74	NW	160	100	200	460
Norman	Ray	1986	74	Gauteng	140.0	120.0	180.0	440.0
Motihaoleng	France	2/12/1987	74	NW	130	130	170	430
Banda	John	10/28/1988	74	NW	155	110	155	420
Mokoena	Tebogo	2/27/1979	74	NW	110	120	190	420
Phantle	Jabu	1/14/1991	83	NW	220	125	260	605
Van Rooy	Steffan	02-04-1991	83 Kg	Western Cape				590.0
Lekopa	Peter	7/3/1984	83	NW	225	105	250	580
Begg	Allistair	22-01-1976	83 Kg	Western Cape				545.0
Pretorius	Jean-Arthur	10/29/1992	83 Kg	Gauteng	170.0	132.5	240.0	542.5
Mathe	Dan	6/17/1988	83	NW	155	140	220	515
April	Charlton	21-05-1984	83 Kg	Western Cape				505.0
Macintosh	James	28-Jul-93	83 Kg	Gauteng	180.0	110.0	210.0	500.0

Mangezi	Daniel	3/12/1989	83	NW	180	120	190	490
Molefi	Vinant	7/12/1991	83	NW	160	115	210	485
Lerefolo	Lucky	2/18/1981	83	NW	160	95	205	460
Pienaar	Robert	8/10/1991	83	KZN	175	120	220	515
Thabiso	Mtshamba	7/25/1986	83	NW	130	120	200	450
Coppenhall	Matthew		83 Kg	Western Cape				0.0
Anthony	Darryn	12/18/1985	93 Kg	Gauteng	220.0	162.5	270.0	652.5
Hubinger	Corne	7/25/1981	93 Kg	Gauteng	235.0	142.5	265.0	642.5
Sitsile	Nelson	1/24/1991	93	NW	180	140	300	620
De Wet	Henk	1974	93 Kg	Gauteng	210	145	262.5	617.5
Green	Graham	1978	93 Kg	Gauteng	200.0	142.5	257.5	600.0
Jacobsz	David	21/10/1981	93kg	Gauteng	215	145	215	575
Masson	Craig	1982	93 Kg	Gauteng	170.0	150.0	240.0	560.0
Muller	Frik	7/9/1988	93	NW	180	130	240	550
Bester	Peter	19-07-1989	93 Kg	Western Cape				545.0
Russel	Dwayne	1985	93 Kg	Gauteng	190.0	110.0	237.5	537.5
O'Shea	Brendan	1981	93 Kg	Gauteng	155.0	110.0	205.0	470.0
Benade	Pieter	12.09.1977	105 Kg	Northern Cape	250.0	170.0	230.0	650.0
Gadney	Sarel	1987	105 Kg	Gauteng	250.0	147.5	240.0	637.5
Marais	Ashley	07-09-1986	105 Kg	Western Cape				620.0
Peterson	Iqeraam	16-08-1984	105 Kg	Western Cape				620.0
Roos	Shaun	8-Jul-77	105 Kg	Gauteng	225.0	100.0	255.0	580.0
Ainslie	William	8/2/1979	120 Kg	Gauteng	185.0	150.0	220.0	555.0
Mahlaula	Sipho	7/11/1979	105	NW	225	120	200	545
Klinck	Michael	1991	105 Kg	Gauteng	180.0	137.5	215.0	532.5
Bekker	Armand	23-03-1990	105 Kg	Free State	180.0	130.0	215.0	525.0
Veldman	Frikkie	29/05/1987	105kg	Gauteng	175	175	175	525
Spinks	Michael	1982	105 Kg	Gauteng	165.0	155.0	200.0	520.0
Lubbe	Anthonie	20/05/1990	105kg	Nwest	230.0	165.0	280.0	
Retief	Ruan	5/9/1979	105 Kg	Gauteng	200.0	110.0	210.0	520.0
Buccarizza	Ben	1991	120 Kg	Gauteng	292.5	200	310	802.5
Edwards	David	18/03/1985	120kg	Gauteng	265	205	292.5	762.5
Noonan	Kyle	1990	120 Kg	Gauteng	240.0	175.0	320.0	735.0
Wimpie	Van zyl	05.03.1988	120 Kg	Northern Cape	250.0	140.0	270.0	660.0
Capazorio	Josh	04/04/1989	120kg	Gauteng	230.0	160.0	270.0	660.0
Conradie	Dennis	04-10-1986	120 Kg	Western Cape				650.0
Sekano	Enoch	11/28/1979	120	NW	200	175	240	615
Matambo	John	7/17/1989	120	NW	150	140	200	490
Ian	Mouton	21.01.1974	120+ Kg	Northern Cape	220.0	222.5	300.0	742.5
Farinha	Jose	14-05-1981	120+ Kg	Free State	160.0	185.0	300.0	645.0

Van Der Berg	Hardus	10/05/86	120+ Kg	Eastern Cape	220.0	160.0	245.0	625.0
Shaw	William	1991	120+ Kg	Gauteng	200.0	140.0	280.0	620.0
de Roubaix	Jan	24-10-1985	120+ Kg	Free State	210.0	125.0	225.0	560.0
Master 1 Men								
Van der Linde	Glen	1971	74 kg	Gauteng	140.0	100.0	142.5	382.5
Tommie	De Nysschen	30.05.1963	74 kg	Northern Cape	130.0	90.0	140.0	360.0
Gearing	Andrew		83 Kg	Gauteng	160.0	140.0	180.0	480.0
van Wyk	Leon	04-07-1971	83 Kg	Western Cape				420.0
De Wet	Henk	1974	93 Kg	Gauteng	210	145	262.5	617.5
Kloppers	Tony	1971	93 Kg	Gauteng	170.0	85.0	180.0	435.0
Pregmolato	Faik	29-07-1971	93 Kg	Western Cape				430.0
Ingel	Nic	1971	93 Kg	Gauteng	125.0	117.5	180.0	422.5
Casey	Patrick	9/7/1972	93 Kg	Gauteng	155.0	87.5	180.0	422.5
Welgemoed	Cornel	6/8/1970	105 Kg	Gauteng	210.0	160.0	245.0	615.0
Seleka	Piet	12/7/1975	105	NW	150	120	240	510
Vermeulen	Denzel	02-11-1970	105 Kg	Western Cape				462.5
Cosmo	Matthew		120 Kg	Gauteng	305	180	260	745
Faku	Madikane	7/11/1975	120	NW	220	130	240	590
Ian	Mouton	21.01.1974	120+ Kg	Northern Cape	220.0	222.5	300.0	742.5
Meyer	Juan	1972	120+ Kg	Gauteng	160.0	170.0	220.0	550.0
Master 2 Men								
Christians	Karl		66 Kg	Western Cape				0.0
Tommie	De Nysschen	30.05.1963	74 kg	Northern Cape	130.0	90.0	140.0	360.0
Quatse	David	7/8/1962	83	NW	170	95	195	460
Banda	Patrick		83 Kg	Gauteng	110.0	65.0	210.0	385.0
Mobara	Ebrahim	09-12-1964	93 Kg	Western Cape				480.0
Meyer	Gary		105 Kg	Gauteng	165.0	110.0	170.0	445.0
Young	Colin		105 Kg	Western Cape				0.0
Oosthuizen	Gerhard	03-04-1964	120 Kg	KwaZulu-Natal	180.0	190.0	220.0	590.0

<u>Master 3 Men</u>								
Hassan	Yunus		74 kg	Gauteng	115.0	60.0	172.5	347.5
Huff	Rob	10/12/1952	93 Kg	Gauteng	150.0	105.0	170.0	425.0
<u>Master 4 Men</u>								
Oppenheim	Dan	1945	83 Kg	Gauteng	125	95	175	395
Jaffa	Paul	01-09-1944	93 Kg	Western Cape				320.0

COACHES

Fredie	XL
Ephirahim	M
Yvonne	M
Ahesha	M
Frans0	L
cCandace	s
Roxanne	s
Esmay	M
Heinrich	2XL
Johan	XL
Chante	S
Heinrich IPF	XL
Stanley	3XL
Rodney	3xl
Steve	L